



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

Planet Friendly Days

(Menu Option 2wrh)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Classic Pasta Pomodoro (v) Oven Baked Crusty Bread (v)	Posh Pork Hot Dog in a Bun Chips (vg)	Oven Baked Hunters Chicken Mashed Potato (v)	Traditional Cottage Pie Carrot & Swede Mash (v)	Crispy Fish Fingers or Salmon Finger Wrap
Main Course	Crispy Quorn Dippers (v) Garlic Mayo Dip (v) Skin on Wedges (v)	Mighty Quorn Frankfurter in a Bun (v) Chips (vg)	Indian Style Mild Korma Curry (v) Steamed Rice (v), Naan Bread (v)	Classic Mac 'n' Cheese (v) Garlic Bread (v)	Super Green Risotto (vg) Oven Baked Crusty Bread (v)
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Ice Cream with Fruit (v)	Marble Cake with Chocolate Custard (v)	Fruity Oat Cookie (v)	Slickly Orange Cake with Custard (v)	Shortbread Finger (v)
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Handmade Margherita Pizza Slice (v) Pasta Quills (v)	Chinese Style Chicken Curry Steamed Rice (v)	Oven Baked Sausage Roll Crispy Diced Potato (v)	Traditional Minced Beef & Dumpling Mashed Potato (v)	Crispy Fish Stars or Salmon Bites Chips (vg)
Main Course	Handmade Supreme Pizza Slice (v) Pasta Quills (v)	Creamy Sweetcorn Pie (vg) Roast Potatoes (v)	Oven Baked Golden Cheese Roll (v) Crispy Diced Potato (v)	Traditional Minced Quorn & Dumpling (v) Mashed Potato (v)	Classic Cheese & Tomato Quiche (v) Chips (vg)
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Frozen Yoghurt (v)	Chocolate & Pear Sponge with Custard (v)	Pancakes with Sliced Banana & Golden Syrup (v)	Coconut Cookie (v)	Blueberry Crumble Muffin (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Indian Chicken Masala Curry Steamed Rice (v) Naan Bread (v)	Handmade Margherita Pizza Slice (v) Seasoned Wedges (vg)	Classic Minced Beef Bolognese with Spaghetti Garlic Bread (v)	Oven Roast Chicken Fillet Yorkshire Pudding Mashed Potato (v)	Battered Fish or Salmon Bites Chips (vg)
Main Course	Crispy Golden Nuggets (v) Tomato Dip (v) Savoury Rice (v)	Handmade Supreme Pizza Slice (v) Seasoned Wedges (vg)	Classic Plant Power Bolognese with Spaghetti (v) Garlic Bread (v)	Juicy Roast Quorn Fillet Yorkshire Pudding (v) Mashed Potato (v)	Loaded Mexican Style Wedges (vg) Chopped Mixed Salad (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Peach Drizzle Sponge (v)	Jelly with Fruit Salad (v)	Sliced Banana with Chocolate Custard (v)	Frozen Yoghurt (v)	Apple Crumble Muffin (v)

CHOICE OF DRINKS:

Chilled water
Reduced Fat Milk (v)*



Menus are subject to availability
(vg) Plant-Based and Planet-Friendly
(v) Suitable for Vegetarians

Newcastle
City Council