

PEACE



<http://www.youtube.com/watch?v=RwUGSYDKUxU> (Lyrics)

Living Value this half term is - PEACE

Peace is more than the absence of war.

Peace is living in harmony and not fighting with others

If everyone in the world were peaceful, this world would be a peaceful world

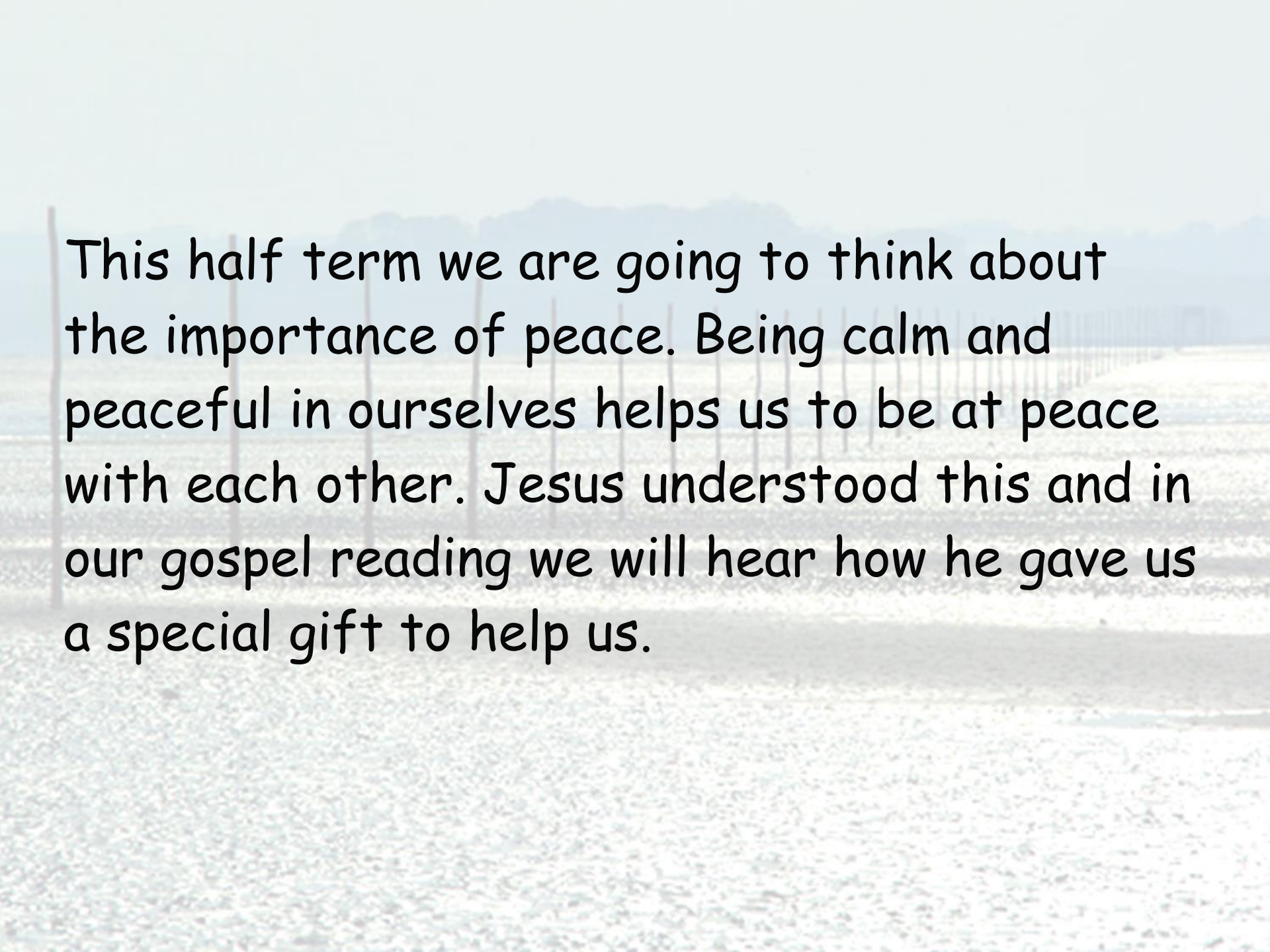
Peace is being quiet inside

Peace is a calm and relaxed state of mind

Peace consists of positive thoughts, pure feelings and good wishes

'Peace must begin with each one of us. Through quiet and serious reflection on its meaning, new and creative ways can be found to foster understanding, friendship and cooperation among all peoples.'

Secretary- General of the United Nations.



This half term we are going to think about the importance of peace. Being calm and peaceful in ourselves helps us to be at peace with each other. Jesus understood this and in our gospel reading we will hear how he gave us a special gift to help us.

A Reading from the Holy Gospel according to John.

Glory to You, Lord.

(Sign the head, lips and heart).

Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

This is the gospel of the Lord **Praise to you Lord Jesus Christ.**

How to Create Peace

- ♥ Listen
- ♥ Co-operate/ compromise
- ♥ Look for a different solution
- ♥ Count to 10 and stay calm
- ♥ Find peace in yourself (mindfulness)
- ♥ Be non-violent



A prayer for all of us

Here in our school

*Let us be **peaceful** at all times.*

*Let our rooms be full of happiness
and respect for each other.*

Let love be in our hearts

With kindness and compassion for all.

Let us remember

In learning together,

We grow together

And succeed together.





<https://www.youtube.com/watch?v=gUI2EyYIEKs>