

Sign of the Cross

In the name of the Father, and of the Son
and of the Holy Spirit. Amen.



Early Years Sign of the Cross

From my head to my heart, shoulder to
shoulder, I belong to God Our Father.

Morning Prayer

Father in Heaven you love me,
You're with me night and day,
I want to love you always,
In all I do and say,
I try to please you father,
Bless me through the day,
Amen.



Before Lunch Prayer

Bless us oh God,
as we sit together,
Bless the food we eat today,
Bless the hands that make the food,
Bless us oh God,
Amen.



After Lunch Prayer

Thank you God for the food we have
eaten,

Thank you God for all my friends,

Thank you God for everything,

Thank you God,

Amen.



Alternative Lunchtime Prayers

Bees of paradise,
Do the work of Jesus Christ.
Do the work that no man can.

Bless this house,
Bless this food.
Help us use it as thy should.



End of Day Prayer

God our Father,
We come to say,
Thank you for your love today,
Thank you for my family,
And all the friends you give to me,
Guard me in the dark of night,
And in the morning send your light,
Amen.

