Dear Parents and Carers of St George's,

We are delighted to announce that St George's have achieved the Carnegie Centre of Excellence for Mental Health in Schools School Mental Health Award at Bronze Level. The Mental Health Lead, Miss Lawson, has presented a detailed profile of evidence that demonstrates St George's are embracing across all areas of the School Mental Health Award, with the support of all staff, the Wellbeing Champions, pupils and parent/carers of St George's.

Carnegie School of Education, based at Leeds Beckett University, and Minds Ahead have developed the School Mental Health Award to give schools and academies a framework for whole school mental health development. By embracing the ideals of the award at St George's, we are demonstrating a deep commitment to excellent practice as we place the mental health and wellbeing of our pupils and staff at the core of our school, alongside our commitment to having a rich whole school culture where all members of our school community can thrive.

Achieving Carnegie School of Education School Mental Health Award offers public recognition and demonstrates our school's commitment to:

- Providing a culture and environment that maximises our pupils' academic attainment and staff job satisfaction.
- Improving pupils' and staff self-confidence, self-awareness, resilience and emotional intelligence.
- Building a stronger society and enabling better futures for our pupils by reducing the risk that mental ill-health brings later in life.
- Reducing bullying, discrimination, violence and enhancing conflict resolution skills.
- Promoting social inclusion, equality, diversity, dignity and respect.
- Improving recruitment and retention of high quality staff.

We have been on a journey of change and development over the last few years which has seen St George's embed and sustain a culture of positive mental health. We have developed a robust PSHE curriculum with strategies implemented for all pupils. The Wellbeing Champions have planned and delivered Assemblies to help support their peers and are in the process of developing some exciting new opportunities this year - watch this space.

Thank you to all of our parents and carers for your continued support of our school.

Best wishes,

Mrs Anne Bullerwell

Executive Headteacher