

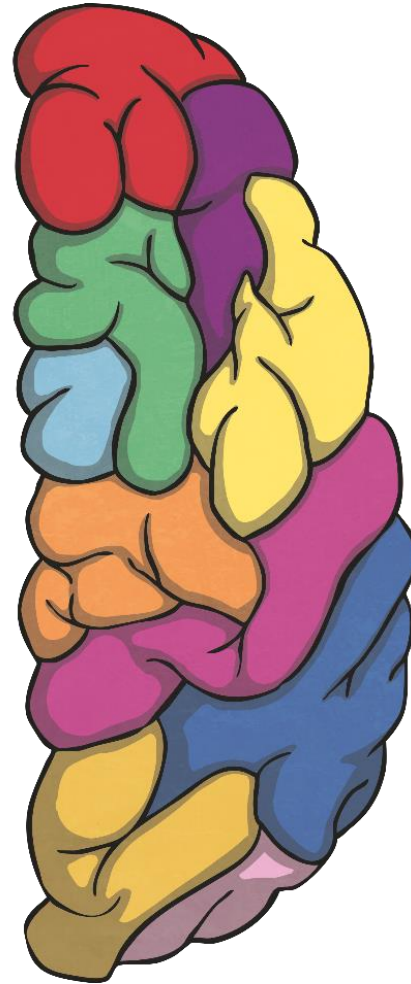
Growth Mindset

Fixed Mindset or Growth Mindset

Fixed
Mindset



Growth
Mindset



When I find
something hard, I
give up.

I always keep
trying, even if
something is hard.

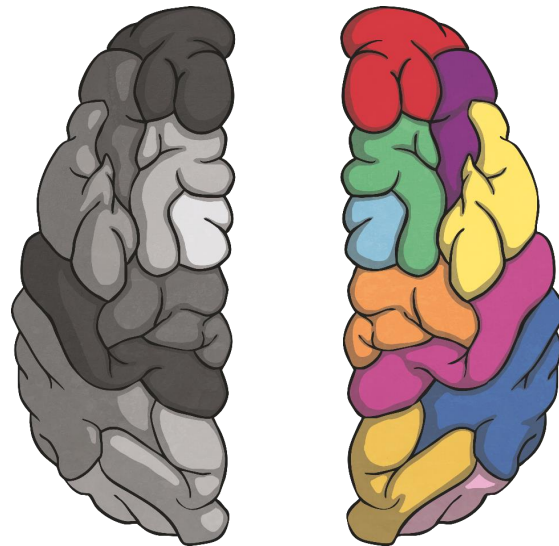
If I am not good at
something, I can't
do it.

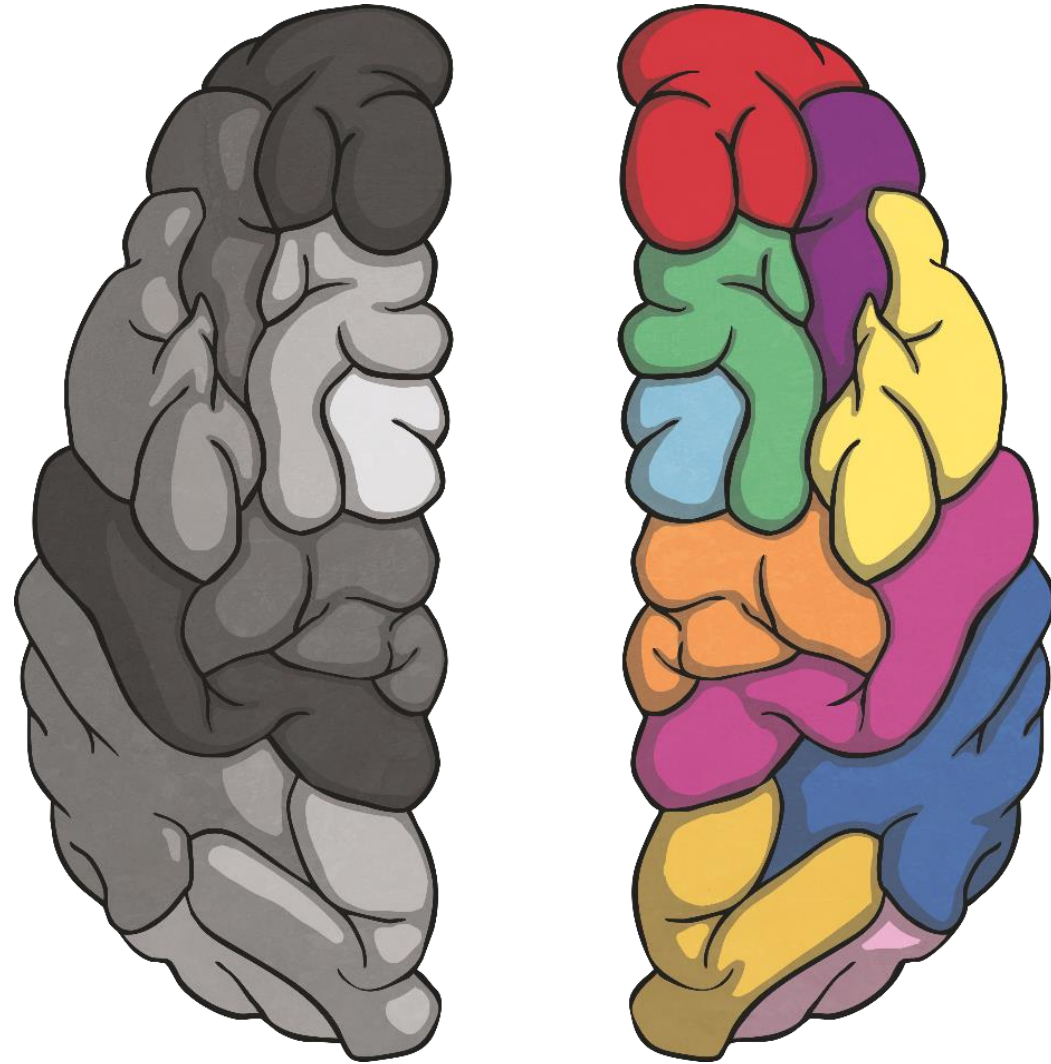
I am not clever or
smart enough to
do some tasks.

I often make mistakes
when something is
hard, but I am always
learning from them.

I am always
looking for ways
to improve.

[Growth Mind Set: Doctor Can You Help? - YouTube](#)





Growth Mindset

Fixed Mindset or Growth Mindset

Fixed Mindset

“I can’t do it.”

“I give up.”

“I am not good at this.”

“It’s too hard.”

“This will do.”

“I am not clever enough.”

Growth Mindset

“I can’t do this, yet!”

“I will keep trying.”

“This might take time and effort,
but I will get there.”

“What can I do to improve?”

“I am still learning how to do this.”